



ICF DELHI NCR CHAPTER  
**GOING BEYOND**

VOL II

May 2016

**Leaps in Learning**

To create an inclusive coaching community, enabling transformation through awareness and action

*From the Desk of the ICF Delhi NCR Chapter President*

Dear Friends,

*Twelve months ago we all started on the 2015-16 journey together, on the shoulders of giants, the founding leaders of our chapter. We dedicated ourselves "To create an \*inclusive\* coaching community, enabling \*transformation\* of stakeholders \*through awareness and action\*." The Key Focus Areas identified, to build a family environment of learning and networking, were:*

*Being Alive: Financials for Sustainability and Self Propagation, Charter Chapter, Memberships  
Being Open: Inclusiveness and Diversity*

*Being Coaches: We all Partner in and Facilitate (in the spirit of coaching) the Growth of Coaching Profession and Transformation of self and Delhi NCR Chapter.*

*We traversed a lot of distance together and are still holding hands as we move forward into yet another year, \*continuing and building\* on Monthly Coach Connects, Learning Leap Webinars, Social Media Presence, Opinion/Experience Sharing, Knowledge Sessions, Book Reviews, Going Beyond Newsletter, ICF Global Team Dialogue, Pro bono NGO Coaching and adding many more initiatives including International Coaching Week from 16-22 May, Collaboration with Professional Bodies, Corporates and Educational Institutes, a planned PAN India Coaching Conference later in the year and a lot more ..... as a family, we have learnings from the past and great aspirations for the future.*

Warm Regards,  
JP Singh



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2016 so far has seen many coaching stalwarts further strengthening our member coaches' acumen by discussing:

### **The Art of Not Knowing – Dr. Cherie Carter Scott**



The session focused on understanding the profound value of Not knowing for your clients, ways to transcend the ego state of Knowing what is best, release the need to know, to tell, and to be right, create a way to engage the mind state of childlike curiosity

### **Shifting Perspectives – Dr. Marilyn Atkinson**



How can coaching be used to bring in different perspectives? Shifting an individual's perspective and bring about desired change was a learning coaches took from the session.

### **Spirituality and Meaningfulness in Coaching – Peter Reding**



The session drove home the importance of Coaching Presence, Creating Awareness and Managing Progress & Accountability

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## Coaching the Cross Cultural Leader – Michael Sanger



This presentation reviewed different points of view and research findings around various leadership emergence factors (including personality characteristics, perceptions drive, and decision making style).

## Influencing without Authority through Storytelling – Gatik Chaujer



Understanding Ethos, Logos, Pathos for Influence; Establishing credibility; The trust matrix and the 3 levers to influence without authority through storytelling.

We also took learning leaps with



**Betska Burr**  
Learning The  
Science of Mind  
Kinetics in Coaching



**Kathy Caprino**  
The 10 most crippling  
mistakes new  
coaches make



**Prasad Deshpande**  
Coaching Leaders to  
build Long term  
relationships



**Anna Meilikian**  
Flourish your  
coaching practice-  
Book yourself solid  
through LinkedIn

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## Lighting the path



### Accolades for member coaches



Received super words of praise for two of our member coaches Uttara Pattanaik and Sumita Ummat from the NGO where they have been coaching eye donation counsellors. As shared by the manager, the coachees have achieved amazing results; One taking on a higher responsibility and the other getting confidence to work after delivery of a child. Dedication, Commitment, Passion...We Salute you both!!



## Learning Ladder



<http://www.sciencedirect.com/science/article/pii/S0191886916301416>

Article on Mindfulness

Co-Authored by Dr. Badri Bajaj

### More Learning Resources

Books that are good to know more about storytelling are:

***Hero's Journey* by Joseph Campbell**

***The Leader's Guide to Storytelling* by Stephen Denning**

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## Look Forward To

### May – June 2016

May 16 – 22 International Coaching Week Events (Details to follow)

May 18 – Heidi Rothlisberger | Telephonic Coaching | 7 pm IST

May 19 – Janet Harvey | Lifelong journey toward Artful Coaching Mastery – Part 1 | 7 pm IST

May 28 – Coach Connect with Santhosh Babu | Self Awareness Tools | 11 am IST

June 15 – Karen Capello | Group Coaching | 7 pm IST

June 25 – Coach Connect | 11 am IST  
Invites for each event will be sent separately

### Become a Contributing Coach

Send in your articles and/or write ups to [communication@icfdelhincchapter.com](mailto:communication@icfdelhincchapter.com)

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